

Claudia Grauf-Grounds, Ph.D., LMFT
Curriculum Vitae
April 2015

Current Title: Professor, Tenured, Marriage and Family Therapy (MFT)
Director of Clinical Training & Research

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Licenses: State of California Marriage and Family Therapist (MFC17348),
licensed 8/82; State of Washington Marriage and Family Therapist
(LF00001498), licensed 7/01; 36 hours of bi-annual continuing education
requirements completed for both licenses

EDUCATION

University of Southern California Los Angeles, California	Ph.D. Sociology Graduate Certificate in MFT Nationally-Accredited Program (COAMFTE) (Dissertation: <i>Family cohesion, work connectedness, marital stress & work/family conflict in clergy families</i>) M.A. Sociology	1988 1981
Fuller Theological Seminary Pasadena, California	M.A. Theology/MFT track Marriage & Family Therapy program	1978
Stanford University Palo Alto, California	B.A. Psychology Honors in Humanities (Thesis: <i>Luther's concept of the Imago Dei</i>)	1976

PROFESSIONAL POSITIONS & EXPERIENCE

Seattle Pacific University, Seattle WA **1/2000 to present**
Professor, Tenured, Department of Marriage and Family Therapy; Chair 2000-2013;
Director of Clinical Training & Research 2014- present; administrate and clinically train in a
COAMFTE/nationally accredited master's program; teach courses in marriage and family
therapy and supervise in clinical practicum sequence

Private practice, Seattle WA and San Diego CA **3/1985 to present**
Private practice of individual, couple and family psychotherapy; Minirth-Meier and New Life
Clinics West Clinic Director; Miramar Comprehensive Counseling

University of Washington, Seattle WA **8/2002 to 6/2012**
Clinical Instructor of Family Medicine

Precept family practice physician residents in behavioral medicine through the Department of Family Medicine

Grossmont Family Practice Residency, San Diego CA **8/1994 to 12/1999**
Clinical faculty: trained family practice MD residents in behavioral medicine with a psychiatrist; developed longitudinal curriculum in collaborative care for the new residency; provided mental health training for Stanford's Physician Assistant Program

University of San Diego, San Diego CA **2/1989 to 12/1999**
Faculty: full-time and part-time lecturer

Bethel Seminary **4/1998 to 12/1999**
Permanent Associate Faculty: taught in and developed new master's program in MFT; developed and coordinated Practicum sites

Catholic Charities; **5/1991 to 8/1994**
Ocean Beach Community Services **1/1990 to 6/1992**
Family therapy supervisor for MFT and pre/post Ph.D. Psychology Interns

New Jersey Department of Education **1/1984 to 12/1985**
Evaluator and specialist for state school substance abuse programs

BIOLA University (Rosemead Graduate School) **9/1981 to 6/1983**
Adjunct Faculty; taught MA courses and supervised Ph.D. students

Clinical Internships **1976 to 1982**
Outpatient clinical intern for substance abuse clinic; USC family therapy clinic intern; premarital counselor for church; weight therapist and group facilitator

TEACHING EXPERIENCE

Courses taught at Seattle Pacific University

MFT 6100 Social Ecology of the Family
MFT 6340 Experiential Family Therapy (Emotion Focused Therapy)
MFT 6401 Group Therapy I (focus on Grief)
MFT 6410 Treatment of Couples
MFT 6411 Premarital Education
MFT 6620 Assessment in Family Therapy
MFT 6640 Medical Family Therapy
MFT 6645 Beliefs, Spirituality & Health
MFT 6933-6939 Clinical Practicum I-VII
MFT/MDFT 6432/PTU 002 Collaboration between Therapists and Physicians: The Basics
MFT/MDFT 6648/PTU 005 Family Therapy Tools for Treating Medical Illnesses
MFT/MDFT 6651/PTU 008 Spirituality & Health
THEO 6743 Pastoral Care and Counseling
Co-taught 30-hour AAMFT Approved Supervisor Course for professionals (2001-2004)

Courses taught at University of San Diego

MFT 233 Family Studies & Development
MFT 232 Family and Individual Assessment

MFT 231 Ethnicity and Family Therapy
MFT 227 Marital Therapy B
MFT 220 Human Development
EDUC-574 Child Abuse Seminar
MFT 300-302 Clinical Practicum

Courses taught at Bethel Seminary

MF 121 Individual Development Within the Family
MF 142 Assessment in Marriage and Family Therapy
MF 151 Supervised Clinical Experience

Courses taught at BIOLA University/Rosemead Graduate School of Psychology

IMFT 651 Survey of Marital and Family Assessment
Supervised Ph.D. Clinical Psychology Interns

PEER REVIEWED PUBLICATIONS

Edwards, S., Grauf-Grounds, C., & Cheon, H. (2011). An Innovative Ritual: Honoring Trauma. *Family Therapy Magazine*, 10(5), 45-46.

Edwards, S., Grauf-Grounds, C., & Cheon, H. (2011). Competencies with an ORCA Stance: Developing the Self of the Therapist. *Family Therapy Magazine*, 10(5), 45-47.

Patterson, J.E., Williams, L., Edwards, T., Chamow, L. & Grauf-Grounds, C. (2009). *Essential Skills in Family Therapy: From the First Interview to Termination (2nd Edition)*. New York: Guilford Press. (Also translated into Japanese 2010, Korean 2011, Chinese 2012)

Grauf-Grounds, C., Edwards, S., MacDonald, D., Quek, K. & Schermer Sellers, T. (2009). Developing Graduate Curriculum Faithful to Professional Training and a Christian Worldview. *Christian Higher Education*, 8, 1-17.

Grauf-Grounds, C. (2007). Increasing social support to manage chronic illness. In D. Linville & K.M. Hertlein (Eds.), *The Therapists' Notebook for Family Healthcare*. New York: Haworth Press.

Grauf-Grounds, C. (2007). A creative encounter with anticipatory loss. In D. Linville & K.M. Hertlein (Eds.), *The Therapists' Notebook for Family Healthcare*. New York: Haworth Press.

Grauf-Grounds, C. & Edwards, S. (2007). Developing a Ritual to Honor Trauma: A Training Community's Witness. *Journal of Systemic Therapies*, 26, 38-50.

Grauf-Grounds, C. & Buckton, A. (2007). Patterns of Conversation between Clergy and their Parishioners and Referral to other Professionals. *Journal of Pastoral Care and Counseling*, 61, 31-38.

Grauf-Grounds, C. & Schermer Sellers, T. (2006). Developing Internships and Creating Jobs in the field of Medical Family Therapy: Some Lessons Learned. *Families, Systems & Health*, 24, 230-237.

Grauf-Grounds, C. (2004). Book Review. *Families, Systems & Health* 22, 485-486.

Edwards, T., Patterson, J.E., Grauf-Grounds, C., & Groban, S. (2001). Psychiatry, MFT & Family Medicine Collaboration: The Sharp Behavioral Health Clinic. *Families, Systems & Health, 19*, 25-35.

Patterson, J.E., Williams, L., Grauf-Grounds, & Chamow, L. (1998). *Essential Skills in Family Therapy: From the First Interview to Termination*. New York: Guilford Press. (Also translated into Chinese).

Patterson, J.E., Bischoff, R., Scherger, J.E. & Grauf-Grounds, C. (1996). University Family Therapy Training and Family Medicine Residency in a Managed-Care Setting. *Families, Systems & Health, 14*, 5-16.

Grauf-Grounds, C. (1982). Language as a change agent: metaphor in the work of Jay Haley and in the parables of Jesus. *Journal of Psychology & Theology, 10*, 212-220.

MANUSCRIPTS IN PROCESS

Grauf-Grounds, C. *Survival Strategies for Clergy Families: Lived Wisdom for Pastors from Pastors*

Grauf-Grounds, C. *Understanding Why Couples Fight and What to do about It*.

Grauf-Grounds, C., MacDonald, D. & Harris, J. *Suggestions for Best Practices in Clinical Referral*.

Grauf-Grounds, C., Buckton, A. & Boreman, J. *Patterns of Conversation between Therapists and their Clients and Referral to other Professionals*.

Grauf-Grounds, C & Bayona, J. *Patterns of Conversation between Physicians and their Patients and Referral to other Professionals*.

PEER REVIEWED PRESENTATIONS

Grauf-Grounds, C. & Schermer Sellers, T. "Turning Fragmented Comments into Integrated Conversations: Addressing Sexuality & Spirituality in Clinical Care." *16th Annual Collaborative Family Healthcare Association Conference*. Washington, DC. 10/2014.

Williams Reade, J., Grauf-Grounds, C. & Schermer Sellers, T. "Training and Supervision of Behavioral Health Interns and Staff: Best Practices in Integrated Care." *14th Annual Collaborative Family Healthcare Association Conference*. Austin, Texas. 9/2012.

Edwards, S., Grauf-Grounds, C, Cheon, H. & Whitney, S. "Sitting with ORCA: View from the Therapist's Chair." *70th Annual Conference of the American Association for Marriage and Family Therapy*. Charlotte, North Carolina. 9/2012.

Edwards, S. & Grauf-Grounds, C. "INNOVATIVE IDEAS IN EDUCATION AND TRAINING TRACK: Sitting with ORCA: View from the Therapist's Chair." *69th Annual Conference of the American Association for Marriage and Family Therapy*. Fort Worth, Texas. 9/2011.

Grauf-Grounds, C. & Schermer Sellers, T. "Strategies for Empowering Families with Chronic Illness." *12th Annual Collaborative Family Healthcare Association Conference*. Louisville, Kentucky, 10/2010.

Grauf-Grounds, C. & MacDonald, Don. "Poster Session: Training Therapists: Practicing What We Preach." *Christian Association for Psychological Studies International Conference*. Kansas City, Kansas. 4/2010.

Grauf-Grounds, C. & Schermer Sellers, T. "When your paradigm shifts: Key moments in collaborative care." *11th Annual Collaborative Family Healthcare Association Conference*. San Diego, California. 10/2009

Grauf-Grounds, C & Schermer Sellers, T. "Helping the Family Cope with Chronic Illness—MS as a Case Example." *43rd Annual Spring Conference: Society of Teachers of Family Medicine*. Denver, Colorado. 4/2009.

Schermer Sellers, T., Grauf-Grounds, C., White, L., & Heffernan, A. "What Medicine Can Learn from a Family's Wisdom – 20 years with M.S." *10th Conference on Collaborative Family Healthcare*. Denver, Colorado. 11/2008.

Grauf-Grounds, C. & Schermer Sellers, T. "A Ritual to Honor Trauma." *28th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. New Orleans, Louisiana. 2/2008.

Grauf-Grounds, C., Schermer Sellers, T., Bayona, J., & Edwards, S. "Taboo Topics in Healthcare: Spirituality, Sexuality and Physician Burn-Out." *9th Conference of Collaborative Family healthcare Association*. Asheville, North Carolina. 11/2007.

Lamson, A.L., Schermer Sellers, T., Hodgson, J.L. & Grauf-Grounds, C. "Nurturing the Professional Woman: Redefining Success." *65th Annual Conference of the American Association for Marriage and Family Therapy*. Long Beach, California. 10/2007.

Grauf-Grounds, C. AAMFT Approved Supervisor Refresher Course. *Washington Association for Marriage and Family Therapy*. Seattle, WA. 2/2007.

Grauf-Grounds, C. & Schermer Sellers, T. "Collaboration in Action: Creating New Internships and Jobs for Medial Family Therapists: Lessons Learned." *8th Conference of Collaborative Family Healthcare Association*. Newport, Rhode Island. 11/2006.

Schermer Sellers, T. & Grauf-Grounds, C. "Reclaiming the Lives of Burned-out Practitioners: Researched Strategies for Balancing Family, Career, and Passion." *26th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Austin, Texas. 3/2006.

Grauf-Grounds, C. "Exploring Collaboration between MFTs, Physicians, and Clergy." Poster Session. *63rd Annual Conference of the American Association for Marriage and Family Therapy*. Kansas City, Kansas. 10/2005.

Blount, F. A., Grauf-Grounds, C., & Stoller, D. "An Introduction to Collaborative Care: Pre-Conference Workshop." *7th Conference of Collaborative Family Healthcare Association*. Seattle, Washington 10/2005.

Grauf-Grounds, C. "Referral Patterns Between Family Physicians, Psychotherapists, and Clergy in Washington State." *25th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Amelia Island, Florida. 2/2005.

Grauf-Grounds, C. and Schermer Sellers, T. "Exploring Bridges and Barriers to Collaboration between Providers of Care." *24th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Amelia Island, Florida. 2/2004.

Schermer Sellers, T. & Grauf-Grounds, C. "Poster Session: A Model of Spiritually Informed Collaborative Care in Outpatient Oncology." *Integrating Research on Spirituality and Health and Well-Being into Service Delivery: A Research Conference*. Natcher Center National Institute of Health. Bethesda, Maryland. 4/2003.

Grauf-Grounds, C. & Schermer Sellers, T. "Listening Deeply: Incorporating Spirituality Into Our Professional and Personal Lives." *23^d Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah, South Carolina. 3/2003.

Grauf-Grounds, C., Naden, M., & Ekey, M. "Three Perspectives on the Soul of Psychotherapy." *Christian Association for Psychological Studies, Western Regional Conference*. Seattle, Washington. 6/2002.

Grauf-Grounds, C. "Should Spirituality be added to the Biopsychosocial Paradigm of Patient Care?" *22nd Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2002.

Grauf-Grounds, C., Haas-Cunningham, S., & Wagner, J. "Integrating Spirituality and Collaborative Health Care." *Collaborative Family Healthcare Association: Best Practices in Collaborative Family Healthcare*. Tampa, Florida. 1/2002.

Grauf-Grounds, C. & Schermer Sellers, T. "Using Medical Consultation for Collaborative Training." *21st Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah, South Carolina. 3/2001.

Grauf-Grounds, C. & Schermer Sellers, T. "Medical Family Therapy Certification: The Seattle Pacific Model." *20th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2000.

Edwards, T., Grauf-Grounds, C., Groban, S., & Patterson, J.E. "Multiple Perspectives, Integrative Solutions: The SHARP Biopsychosocial Consultation Model." *20th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2000.

Edwards, T., Grauf-Grounds, C., Patterson, J.E. "Psychiatry, MFT & Family Medicine Collaboration: The SHARP Model." *4th Collaborative Family Healthcare Coalition: Collaborative Family Healthcare Goes Mainstream*. Bethesda, Maryland. 1/2000.

Grauf-Grounds, C. "Educating Treatment-Reluctant Patients: The Case of Depression." *19th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah Island, South Carolina. 3/1999.

Grauf-Grounds, C. "Psychiatry, Family Therapy and Family Practice Together: Training Second and Third-year Residents Longitudinally in a HMO." *18th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah Island, South Carolina. 3/1998.

Patterson, J.E., Bischoff, R., and Grauf-Grounds, C. "Collaborative Training in a HMO." *2nd Collaborative Family Healthcare Coalition Conference*. Washington, DC. 1/1995.

Grauf-Grounds, C. "Multiple Supervisors: Developmental issues for Interns." Poster Session. 52nd Annual Conference of the American Association for Marriage and Family Therapy. Chicago, Illinois. 11/1994.

Terry, L., Grauf-Grounds, C., Bischoff, R.J., & Williams, L. Supervision Using Live Data: Four Approaches. 30th Anniversary Conference of California Association of Marriage and Family Therapists. Irvine, California. 4/1994.

Grauf-Grounds, C. "Clergy Marital Health: The Role of Family Cohesion." Poster Session. 51st Annual Conference of the American Association for Marriage and Family Therapy. Anaheim, California. 10/1993.

AWARDS & GRANTS

Seattle Pacific University Lilly SERVE Faculty Grant for Theology & vocation, 2010-2011. "Call vs. On-Call: The work and family life of pastors"

2007 Supervisor of the Year. Washington Association for Marriage and Family Therapy.

Seattle Pacific University Lilly SERVE Faculty Grant for Theology & Vocation, 2004-2005. "Models of Work-Family Connectedness in Clergy Families"

Seattle Pacific University Faculty Research Grant, 2002-2003. "Patients, Clients or Parishioners: Exploring the bridges and barriers to collaboration between providers of care."

Although not funded, co-wrote two Robert Wood Johnson Foundation Training Grants with SPU School of Nursing faculty (2001 and 2010)

National Institute of Mental Health Traineeship in Program Evaluation Research, USC, 1979-1981

INVITED PRESENTATIONS, WORKSHOPS & CONSULTATIONS

Grauf-Grounds, C. *Family therapy course*. Shenyang, China. 12/2010.

Grauf-Grounds, C. Couples Therapy 101. Seattle Pacific University, Training for the Student Counseling Center. 12/2010.

Grauf-Grounds, C. "Open Forum: Educators in Church-Affiliated Institutions." *American Association for Marriage and Family Therapy Annual Conferences*. Charlotte, North Carolina, 9/2012; Atlanta, Georgia. 9/2010; Sacramento, California. 10/2009

Grauf-Grounds, C. *Understanding Why Couples Fight and What to do about It*. Seattle Pacific University Library Series: Food For Thought. 2/2009.

Grauf-Grounds, C. *MFT Clinical Training and Supervision*. Beijing/Shenyang, China. 3/2008; 12/2006.

Grauf-Grounds, C., Lord, D. & Furrow, J. "Open Forum: Educators in Church-Affiliated Institutions." 65th *Annual Conference of American Association for Marriage and Family Therapy*. Long Beach, California. 10/2007

Grauf-Grounds, C., Lord, D. & Furrow, J. "Open Forum: Educators in Church-Affiliated Institutions." 64th *Annual Conference of American Association for Marriage and Family Therapy*. Austin, Texas. 10/2006

Grauf-Grounds, C., Lord, D. & Furrow, J. "Open Forum: Educators in Church-Affiliated Institutions." 63rd *Annual Conference of American Association for Marriage and Family Therapy*. Kansas City, Kansas. 10/2005

Grauf-Grounds, C., Brown, P., Weathers, B., & Chen, Y. "SPU Forum on Faculty Aging." Seattle, Washington. 4/2005

Grauf-Grounds, C. "Traits of Healthy Families." Redmond Women's Professional Group. 4/2005

Grauf-Grounds, C. "The Integrated Person: Jesus Model of Growth." Westminster Presbyterian Church Women's Retreat. 3/2005, Camp Casey, Washington.

Grauf-Grounds, C. "Beyond Bowen: Church Systems." Presbyterian Church USA Interim Pastor's Training & Curriculum Development for Trainers of Clergy. Seattle, Washington. 1/2005.

Grauf-Grounds, C. "Exploring Bridges and Barriers to Collaboration among Providers of Care." Presbyterian Counseling Services Continuing Education Seminar. Seattle, Washington. 4/2004

Grauf-Grounds, C. "Developing Services for Troubled Marriages." Consultation with pastors of Lake Forest Park Presbyterian Church. 12/2003.

Grauf-Grounds, C. "Research Presentation on Collaboration between Physicians, Psychotherapists & Clergy" SPU Faculty Retreat, 9/2003.

Grauf-Grounds, C. "Jesus, Integrated Care & Community Outreach: Conceptual Foundations & Practical Applications." Workshop for Parish Nursing Conference, 6/2003.

PUBLICATIONS IN PROFESSIONAL NEWSLETTERS

Tri-annual articles on news concerning the financial status of Washington Association for Marriage and Family Therapists (2006-2009) as WAMFT Treasurer

Tri-annual articles on news concerning elected Board Members and Candidates, Washington Association for Marriage and Family Therapy (2001-2005)

Quarterly articles written as regional President of Christian Association for Psychological Studies-West for CAPS West Newsletter (1999-2000)

Edward, T., Grauf-Grounds, C., & Patterson, J.E. (1999) Psychiatry, MFT and Family Medicine Collaboration. *Working Together: The Collaborative Family Healthcare Coalition Newsletter*, 4, Issue 4.

PROFESSIONAL MEMBERSHIPS & RESPONSIBILITIES

American Association for Marriage and Family Therapy- Clinical Fellow, Approved Supervisor
National Council on Family Relations
Christian Association for Psychological Studies (CAPS Clinical Member)
Society for Teachers of Family Medicine (STFM Associate Member);
Steering Committee 2003-2006
Collaborative Family Healthcare Coalition (Program Planning Committee 2005; 2009)
SPU Faculty Sexual Harassment Officer

ELECTED PROFESSIONAL POSITIONS

- Washington Association for Marriage and Family Therapy – Treasurer (2006-2009); Elections Committee (2001-2002; 2003-2005); Student Scholarship Committee 2010-present)
- Southern California-AAMFT Board of Directors (1990-1992);
- Christian Association for Psychological Studies San Diego Coordinator (1987-1999); CAPS-West Regional President (1998-2001); Conference Coordinator 1994; 2002.
- Board of Directors – San Diego Rescue Mission (1998-2000)

EDITORIAL RESPONSIBILITIES

Review journal articles for: *Families, Systems & Health, Contemporary Family Therapy,* and *Journal of Systemic Therapies*